



IODINE

globalnetwork

SATURDAY 10.09.2022 / 08.00 - 13.00

CLINICAL & SCIENTIFIC UPDATE

SESSION I

- 08.00 **Registration and Coffee /Tea**
- 08.25 **Introduction**
Rodrigo Moreno- Reyes (Belgium)
- CHAIRS:** *Effie Koukkou (Greece), Lluís Vila (Spain)*
- 08.30 **The rise in plant-based diets: a concern for iodine intake?**
Sarah Bath United Kingdom
- 08.50 **Iodine supplementation in pregnancy
– what is the evidence in mild-to-moderate iodine deficiency?**
Mariana Dineva United Kingdom
- 09.10 **Beyond the median in UIC studies: where we stand now**
Maria Andersson (Switzerland)
- 09.30 **Current Iodine status in Norway**
Lisbeth Dahl (Norway)
-
- 09.50 **Coffee/Tea and Posters**

SESSION II

- CHAIRS:** *Mafalda Marcelino (Portugal) Helena Filipsson Nyström (Sweden)*
- 10.30 **Iodine status in the WHO European Region
– opportunities and challenges**
Holly Rippin (WHO, Europe)
- 10.50 **Iodine status among various population groups in Belgium:
An update and future steps**
Stefanie Vandevijvere (Belgium)
- 11.10 **Selective approach to optimize iodine intake in Belgium**
Laurence Doughan (Belgium)
- 11.30 **Iodine status: an overview of situation and measures
in Switzerland**
Clara Benzi Schmid (Switzerland)
- 11.50 **Iodine status and recommendations in Finland**
Iris Erlund (Finland)
- 12.15 **Lunch and close**